



Worksite Wellness Committee (WWC) vs. Wellness Champions

WWC Members

- Help to plan and implement employee health promotion programs and events
- Attend quarterly meetings, correspond via email with feedback, and have options for being on other subcommittees
- Serve as a liaison between the employees they represent and the committee
- Appointed by section or office administrator
- Serve a 2 year term

Wellness Champions

- Help to support the efforts of the WWC by promoting and participating in WWC sponsored events
- Be a health and wellness role model by sharing passion for health with other DHSS staff to create a culture of wellness, and engage others in wellness activities
- Nominated by a supervisor or can apply on their own
- Minimal time commitment

